

# CLASS TIMETABLE JUNE / JULY 2020

All classes begin in the week commencing 15<sup>th</sup> June 2020 (unless otherwise stated)

KEITH					
	Monday	Tuesday	Wednesday	Thursday	Friday
8-9					8-9am Mat Pilates 1 hour class 19 <sup>th</sup> June to 17 <sup>th</sup> July
9-10					
10-11					
11-12			11am-12pm ONLINE mat Pilates (all clinics) 1 hour class 17 <sup>th</sup> June to 15 <sup>th</sup> July		11-11:45am Step Up 45min class
12-1					
1-2					
2-3		2-2:45pm Step Up 45min class			
3-4					
4-5					
5-6		5:30-6:30pm Mat Pilates 1 hour class 16 <sup>th</sup> June to 14 <sup>th</sup> July	5:30-6:30pm ONLINE mat Pilates (all clinics) 1 hour class 17 <sup>th</sup> June to 15 <sup>th</sup> July		

Call your local clinic now to **reserve your place** in any of our classes or for more information.

Bordertown 8752 2330 | Keith 8755 1530 | Naracoorte 8762 1515